



CAREER ORIENTATION FOR PHD CANDIDATES AND POST-DOCS

Introduction

The training Career orientation will motivate you to think about the direction of your career. You will develop, among other things, transferable skills regarding the next step in your career.

For whom is the training intended?

This training is most applicable for PhD candidates at the end of the third or the beginning of the fourth year of their PhD and post-docs in the end stage of their postdoctoral programme.

About the training

The training will take place within a period of 4 months and consists of two coaching sessions and two workshops. Before your first coaching session and both workshops you will receive assignments which will enable you to prepare yourself.

In this career orientation the trainer will assist you in answering the following questions:

- Who am I?
- What are my skills?
- What are my goals for my career?
- Do I wish to continue my scientific career and what would I need to do so?
- Depending on my qualities (competencies) and wishes, what will be the best field for me to work in?
- What would working in this field be like?
- What kind of people work in this field and which career paths are possible?

The topic of the first workshop is self-analysis. The second workshop focuses on the subject 'Networking'. In the last coaching session you will discuss your search profile and the personal development plan you formulated in the training.

The trainers

Channah van Dootingh has over 15 years of experience as a career counsellor, coach and trainer, the past nine in Academia. Her specialty is guiding PhD candidates and post-docs towards the next step in their career, inside or outside academia. Using a down to earth approach, Channah helps you develop a clearer insight into your personal characteristics, skills, values and

ambitions so you can make a well-informed decision about what kind of job is right for you. Her approach is sometimes direct but always committed, and she uses clear analyses to help you get on the right track.

Mervyn Nankoe has over 5 years of experience as a career counsellor, coach and trainer, the past 2 years in academia. He has worked at Schouten & Nelissen, one of the largest training agencies in the Netherlands. He is specialized in guiding PhD's and post-docs towards the next step in their career, inside or outside academia. Mervyn is able to connect your skills and character traits to a suitable next career step. Because of his marketing background he can help you to position yourself on the labour market in an authentic way.

Practical information

In 2018, PhD candidates can participate for a fee of €400. For the first half of 2019, a fee of €695 is applicable. The costs will be borne by your faculty and will be settled with the transition fee. Every PhD student whose employment lasted at least two years is entitled to this fee.

As a PhD candidate you can participate in the training in the context of the training courses organized within the graduate schools, based on the doctorate regulations. PhD candidates receive 1 ects for their participation.

In 2018, post-docs can participate for free. For 2019, a fee of €695 is applicable.

You are required to attend all training sessions.

Registration and cancellation conditions

You can register via the Registration form HRM learning programmes. By signing the registration form, you are agreeing to the cancellation conditions for the training programme. PhD candidates will also sign a training agreement, which will make it possible to settle the cost for this training.

Contact information

For more information please contact: Carin Maas, training_programmes.hrm@vu.nl or 020 59 83049.